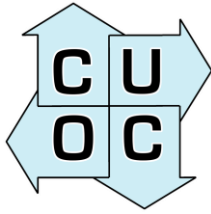
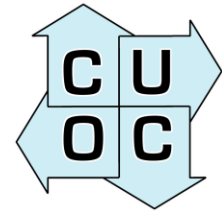


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# Cambridge University Orienteering Club



proudly present the third  
**Cambridge City Race**  
Saturday 26 October 2013



## Preliminary Details – July 2013

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### *Welcome!*

It gives CUOC great pleasure to invite you to the third Cambridge City Race. We will bring you intricate navigation around many of Cambridge's famous colleges as well as the narrow streets and open spaces of our beautiful city. As well as offering you the chance to run through some of the oldest university buildings in the world, this year's city race is a level B event and incorporates the annual **Icenian Trophy** for EAOA clubs, as well as being part of both the **Nopesport Urban League** and the **South East Urban Orienteering League (SEOUL)**. What's more, local club WAOC are putting on an event on Sunday at Brandon – why not make a Town & Country weekend of it?

### Location & Travel

The assembly area/start will be located Jesus Green, an area of parkland immediately north-east of the city centre – grid reference TL 450 592, map here: <http://bit.ly/13UW3wQ>. There will be no parking at the event, **you are strongly advised to use public transport**. Cambridge has a good Park & Ride system.

### Entries

Online entry only via Fabian4. Entries are now open at <http://www.fabian4.co.uk/>. For postal entry please contact the organisers. Entries will be limited to **400** (excluding junior courses). There will be no entry on the day. The event will use SPORTident electronic timing (*hire charge 50p*).

### *Entry Fees*

<b>Seniors</b> (age 21 or above)	<b>£13</b>	<b>(£2 discount for BOF members)</b>
<b>Juniors &amp; Students</b> (age 20 or under, or in full time education)	<b>£5</b>	<b>(Please see note regarding junior courses below)</b>

Entries close on **12th October**, subject to entry limits not being reached. After this date, late entries will be accepted subject to map availability and a £2 surcharge (£1 for juniors).

## Courses

To be competitive (and therefore eligible for prizes, the Icenian, the Nopesport Urban League, and South East Urban Orienteering League) you must run the course recommended for your age group. However, please enter whichever course you feel is of appropriate length.

Courses on offer:

Course	Classes
1	Men Open
2	Women Open, M40+
3	W40+, M55+
4	W55+, M65+
5	W65+
6	M/W16-
7	M/W12-

## Starts

Start times will be allocated and will be between 10.30 and 13.30.

### Important note for juniors

The current advice from British Orienteering is that juniors cannot be trusted to cross roads safely. The roads in Cambridge are narrow and busy with traffic, including many kamikaze cyclists. Therefore to avoid all major roads, we have had to confine the two junior courses to Jesus Green (inner city parkland area) and Jesus College. We apologise to those juniors who were looking forward to a city race and hope you will come again when you're an M/W18. However, in accordance with BOF Event Guidelines, **parents of Juniors reaching age 16 before the day of the race may apply for them to 'run up' by contacting the organiser to confirm that their child is over 16 and then entering the open class.** Parents of M/W16s eligible to run up who have already entered may email the organisers ([cityrace@cuoc.org.uk](mailto:cityrace@cuoc.org.uk)) with confirmation who will update their entry accordingly

**No M/W16 may 'run up' without such confirmation being provided.**

## Map

Scale: 1:5000, drawn to ISSOM standards. No contours. Survey by Ian Webb (2009), selectively updated for 2013.

## Prizes

Prizes will be awarded to the top three positions in each class. Prizes are kindly provided by our sponsors, [Advance Performance](#), [BUFF](#) and [Cotswold Outdoor](#).

## Final Details

This document will be updated when necessary and the date of last update displayed on the website. Final details will be published at the start of October. Please check [www.cuoc.org.uk](http://www.cuoc.org.uk) regularly.

## Sponsors

The 3rd Cambridge City Race is kindly sponsored by [Advance Performance](#), [BUFF](#) and [Cotswold Outdoor](#).

"Advance Performance is an independent, award-winning, family-owned specialist sports store offering technical footwear, breathable clothing, nutrition & accessories along with experienced and independent advice to customers of all ages and abilities. We believe that the advice and service we offer is exceptional and over 85% of customers visit as a result of a personal or professional recommendation."



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## Officials

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Planner: Mark Salmon (CUOC) (email [cityraceplanner@cuoc.org.uk](mailto:cityraceplanner@cuoc.org.uk))

Controller: Graham Louth (WAOC)