



## VARSITY 2011 – DOKSY, CZECH REPUBLIC

The Varsity match this year to the Czech Republic looks promising to be an exciting trip. Here are some provisional details. The orienteering itself is being organised by Radek Novotny, former/current leader of the Czech national orienteering team, so we've got some high quality stuff planned for us! You'll also get the awesome Varsity orienteering top we have planned included in the price.

### Provisional Programme

- Tuesday 29<sup>th</sup> March CUOC/OUOC fly out  
Evening in Prague, stay at sports hall overnight (cheap!)
- Wednesday 30<sup>th</sup> March Morning in Prague, some JOK (ex-OUOC) and DrongO (ex-CUOC) members join us. Possible Sprint Race in Prague. Coach to hotel in Doksy then Training 1 in late afternoon/evening.
- Thursday 31<sup>st</sup> March Training 2
- Friday 1<sup>st</sup> April Training 3 (model event), lecture "Orienteering in Sandstone"
- Saturday 2<sup>nd</sup> April Varsity Match
- Sunday 3<sup>rd</sup> April Varsity relays  
Fly home

### Transport

**To/from CZ:** Most people are likely to be flying with EasyJet, I expect most will fly from Stansted. Flight details are below. At the moment Bristol flights are cheaper but this may well change. You need to **book your own flight NOW**. If you'd rather fly with a different company that is fine, as long as you arrive by about lunchtime on Wednesday 30<sup>th</sup> March. Jet2 fly from Newcastle, Edinburgh, Leeds Bradford and Manchester. Remember to book baggage with your flight.

From	To	Date	Departure	Arrival
Bristol	Prague	29/03/2011	1415	1720
<b>Stansted</b>	<b>Prague</b>	<b>29/03/2011</b>	<b>1805</b>	<b>2055</b>
London Gatwick	Prague	29/03/2011	1825	2120
Prague	Bristol	03/04/2011	1715	1810
<b>Prague</b>	<b>Stansted</b>	<b>03/04/2011</b>	<b>2155</b>	<b>2300</b>
Prague	London Gatwick	03/04/2011	2150	2250

**Within CZ:** We will have full use of a coach to transport us to/from the training each day and the Varsity match.

### Accommodation

The night we arrive we will probably stay on a sports hall floor in Kolovraty, a suburb of Prague. For the remaining four nights we will be staying at Lesni Hotel, which includes full board and Wi-Fi connection. See <http://www.lesshotel.cz/> if you can read Czech.

### Cost

Food, accommodation, transport, and orienteering will all be included once we're there (except for the first night), so as a very rough estimate say £150-£200 not including flights as the club will subsidise the trip. If your financial situation is preventing you from coming, email me and I will see what help is available.

## The Orienteering

There will be three training events followed by the Varsity match and then the relay. SportIdent electronic punching will be used on the Saturday and Sunday for the Varsity match.

Courses available are below.

<b>Course Name</b>	<b>Suitable for</b>
Men A Women A	Improving or experienced or those who want a challenge. If you come to South Wales training or have done 5 or so events you should go for the A course.
Men B (same course as Women A)	Improving men who want a shorter distance.
Women B / Men C	Novices