



# SPRINTO™

Dear prospective SprintO 2010 competitor,

CUOC invite you to their notorious SprintO event, which promises to be as exciting as in past years!

**Where?** Brandon Country Park, Thetford Forest, car park at TL 785853  
**When?** Saturday 20th November 2010

## **What is it?**

**SprintO™ runs:-** Mass start, figure of eight courses around which everyone will get at least two runs. Separate courses for men and women, culminating in a head-to-head, four person final.

**Elite AlcO:-** The ultimate challenge, only for those with no fear (or shame)! Now featuring a halves option for women and lightweights!

**Dinner & Prizes:-** Back in Cambridge there'll be a restaurant meal, and the chance to congratulate the winners (trophies to men's and women's winners) and commiserate the losers. Also a 'prize' for the Elite AlcO winners!

**Bop:-** Dance the night away with everyone in a superb Cambridge setting (with bar!).

**Accommodation:-** We'll find some nice Cambridge student who will give you a roof over your head for the night. We hope to be able to provide accommodation for all, but priority will be given to students and will be allocated on a first-come-first-served basis.

## **Entries**

**Please send one entry form per university if possible.**

**Entry is £22 for students and £26 for non-students, with entry to the Elite AlcO costing only three pounds extra, or two for the halves option. Please note that this price includes an unmissable meal and party afterwards, and plenty of alcohol during the day (especially for the Elite AlcO). So fill in the attached spreadsheet email it to [sprinto.cuoc@googlemail.com](mailto:sprinto.cuoc@googlemail.com), and post a separate cheque, payable to Cambridge University Orienteering Club, to the address below. Entries will be confirmed by email on receipt of the cheque. Further details will be sent out nearer the time and displayed on the website.**

**The (very final) closing date for entries is Friday November 5<sup>th</sup>. Please do get the entries in early, as CUOC cannot guarantee entries received after this date, and late entries may be charged more!**

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**We look forward to hearing from you soon, and seeing you at Brandon in November!**